



Dear Parents and Carers

18 September 2019

What a way to start the week! Monday night was our 2019 Open Evening and it was our busiest yet. I would like to thank all the parents and carers who came to visit the school for taking the time to come and see us and for the amazing comments they made throughout the night. I would also like to thank all the staff, teaching and support, for putting so much effort into ensuring that visitors get a real sense of just how good the school is.

Finally I have to say how proud I am of all the boys (over 300 of them) who came back to represent their school on the night, be it in departments or as tour guides. You were absolutely amazing, each and every single one of you and throughout the night I kept hearing comment after comment complimenting the boys' maturity, manners, confidence and pride in their school.

As you know, we do not cherry pick the boys. Anyone who wishes to come and guide visitors through what is their school is allowed and encouraged to do so and there wasn't a single boy on Monday night who didn't do himself, the school or you as parents and carers, proud. Thank you and well done all.

Please look in the tweets at the end of this newsletter, at a poem written and recited by Ciaran Glynn on Open Evening.

I have included below a couple of the emails we received on Tuesday morning as a testimony to the way your sons represented themselves.

*"I attended the Open Evening last night with my friend and our 2 boys. We had Thomas as our tour guide - Year 7 pupil. I'd just like you know he was an absolute delight, he was with us and our 2 boys for over an hour, took us everywhere we asked to see, even escorted to the main exit as we weren't sure where to go. Thomas was so positive about the school, and answered tons of questions".*

*"We came to the Open Evening last night, and my husband, son and I were very impressed by the school. The boys who helped give us a tour, and talk to the visitors in the rooms were all a credit to the school"*

#### PUNCTUALITY

Thank you to all parents who ensure that their son arrives promptly to school, ready to learn. Being punctual is a sign that students are ready to engage in their learning, take pride in their outcomes and want to be the best that they can be. It is important that the school and home are being seen to give the same message to students in relation to this and we thank parents in advance for continuing to reinforce the importance of being punctual. In view of this, please be reminded that the school gates close by 8.47am to ensure that students are at their form room ready for the start of form time at 8.50am. Students who do not arrive to school at 8.47am must sign in at the main entrance and will have to attend a detention the following Tuesday for 10 minutes OR for the time that they were late for (whichever is the longest). All students are aware that should they be late to school for any reason they will have to attend a detention on Tuesday evening and as such there will be no email or text alert to advise parents that their son has an after school detention on Tuesday - it is the students responsibility to remember to attend.

Mr Pryor

#### KEY STAGE 3/4 READING LOGS

To continue to promote a love reading - and therefore improving our pupils' understanding and use of vocabulary - the English Department have issued Year 7, 8 and 9 pupils with reading logs. The reading log is to be used as homework; your son should read to you for at least ten minutes per evening from a book or text of their choice. You should then sign the booklet to confirm that this has been completed.

Reading at home - even for a short amount of time - will benefit your son's progress in all subjects and significantly improve their reading age. A list of good-quality suggestions is attached to help make this an enjoyable routine. Merits and prizes will be awarded to the pupils who are consistently reading at home. The English Department

Registered office address:

Windy Harbour Road, Birkdale, Southport, PR8 3DT  
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## PHOTOGRAPHS

Reminder that Years 9 and 11 photographs will be done on Tuesday morning, 24 September 2019.

### YEAR 9 DRAMA TRIP TO SOUTHPORT COLLEGE – WEDNESDAY 18 SEPTEMBER 2019

Earlier today I took the Year 9 GCSE Drama students to Southport College where they received a tour of the fantastic Performing Arts facilities and participated in a workshop led by the level 3 and 4 students. It was an enjoyable morning which enabled our students to gain an understanding of routes into the Performing Arts post - 16 and we look forward to more collaborative work in the future.

Ms Jeffery



### YEAR 11 – INFORMATION & ADVICE EVENING – THURSDAY 26 SEPTEMBER 2019

There will be an Information & Advice Evening for Year 11 students and their parents on Thursday 26 September 2019 at 5.00pm – 6.00pm. Details are attached to this newsletter. Please return reply slips to the school office as soon as possible.

Mr Marshall

### GEOGRAPHY FIELD TRIP – YEAR 11 – MONDAY 23 SEPTEMBER 2019

There is a Geography field trip for Mrs Sinnott's 11D class on Monday 23 September. Students are expected to make their own way to the entrance to Victoria Road National Trust car park in Formby to meet at 9.00am and then to make their own way back to school. The field trip lasts for 2 hours.

Mrs Sinnott's 11A class will leave school at 11.30am on Monday 23 September and are expected to make their own way to the entrance to the Victoria Road National Trust car park in Formby to meet at 12.15pm. Students will be dismissed from the car park at 2.30pm and will be expected to make their own way home.

Mrs Sinnott

### GEOGRAPHY REVISION GUIDES AND CARDS FOR YEARS 9 - 11

AQA Revision Guides and Revision Cards are available to purchase for Years 9-11 students via ParentPay. The cost of the guides is £6.50 and the cards are £5.00.

Mrs Sinnott

## ANIMAL CLUB

It has been extremely encouraging to see so many Year 7 pupils attend the Animal Club since the beginning of term. I was also very pleased to see so many Year 7 boys volunteering for the Open Evening. Initially, I had over 25 Year 7 boys who wanted to help. Unfortunately, I could only use a small number due to their lack of experience with the animals. All boys performed so well on the night and it was a pleasure to see them interact with the young children and parents/carers.

So many parents/carers commented on how well the boys spoke and conducted themselves in front of a large audience of people. It gets very hectic on Open Evening with over 10 animals around the room being observed by children and adults, but the boys, as always, kept a cool head and did their job to perfection.

With a large number of animals on display and the huge amount of people passing through on the night the boys have to be focused at all times, they did a wonderful job.

Nobody was bitten, scratched or passed out with fear, which is always a good sign of a successful Open Evening! Well done boys, and thank you for your help!

Animal Club is open every lunchtime and every day after school in G1. Newcomers are always welcome.

We are looking for boys to give our giant African land snails a forever home, as we have so many at the moment. If you are interested, please come and see me or email: [bleece@birkdalehigh.co.uk](mailto:bleece@birkdalehigh.co.uk) They are free of charge, and you can have as many as you want.

Mr Leece

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[mail@birkdalehigh.co.uk](mailto:mail@birkdalehigh.co.uk) [www.birkdalehigh.co.uk](http://www.birkdalehigh.co.uk)



## READING CLUB

Reading Club will re-commence for this academic year on Monday 23rd September - previous attendees will be warmly welcomed back and new attendees made to feel very welcome. Reading Club encourages reading for enjoyment, and in so doing develops pupils' reading skills. We meet every Monday, 3.15pm - 4.00pm in the library (U11.) Pupils can select reading material from the library stock or bring their own. Pupils are rewarded with a merit for each Reading Club session attended and regular attendees are rewarded with an invitation to the end of term reward party. Reading Club is run by Mrs Bradley and Mrs Stirling, so if you have any queries please speak to either of these Teaching Assistants. We look forward to seeing you there!

Mrs Stirling and Mrs Bradley

## MEDICATION

Medication should only be taken in school when it is essential to be administered during the school day, and only ever administered with **prior written consent**. If your child needs to take medication during the school day please bring it to the school office and complete a parental agreement. This includes over the counter medication. Boys should never carry their own medication in school. The only exception to this is emergency medication such as asthma inhalers and Epipens. However, a parental agreement is still required.

If you have any queries or concerns, please speak to the school office or Mrs Donker.

Mrs Donker

## YEAR 8 IMMUNISATIONS

Boys in Year 8 will be offered the HPV vaccination for the first time later this school year. The school nurses will be delivering an assembly to inform the boys, and information letters and consent forms will be sent home for parents/carers to complete and return to school as soon as possible. If you have any questions please contact the immunisation team via the details on the letter.

Mrs Donker

## BPA NEWS

### Year 7 BPA Disco

The BPA have organised a disco for Year 7 students of Birkdale High and Greenbank High on Wednesday 23 October 2019 at 7.00pm-9.00pm. The cost of the disco is £5.00 and all proceeds go to the BPA. Further details and a reply slip are attached to this newsletter.

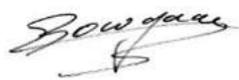
### BIKE MAINTENANCE COURSE

Woodvale Community Centre are running a 6 week Bike Maintenance Course starting on Wednesday 2 October 2019. Further details are attached to this newsletter.

### SEFTON HEALTH AND WELLBEING CONSULTATION

Sefton Council are conducting a health and wellbeing consultation and are encouraging parents to take part. Please follow the link <https://yourseftonyoursay.sefton.gov.uk/>

Yours faithfully



**Mr G Bourgade**  
**Headteacher**

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## THE WEEK IN TWEETS

Birkdale High School Retweeted



**BDayus**  
@ParentDayus

Chose this school for two very different boys of mine 😊 and I've never looked back. The academic standards are high with a great teaching team; AND the school is about far more than formal education!

Birkdale High School @BirkdaleHS · Sep 10

We all appreciate as parents the challenge of choosing the right secondary school for your child. Come to our Open Evening on Monday 16th September 6pm to see why we are the ideal environment for your son to Aspire, Thrive and Succeed. Feel free to share.

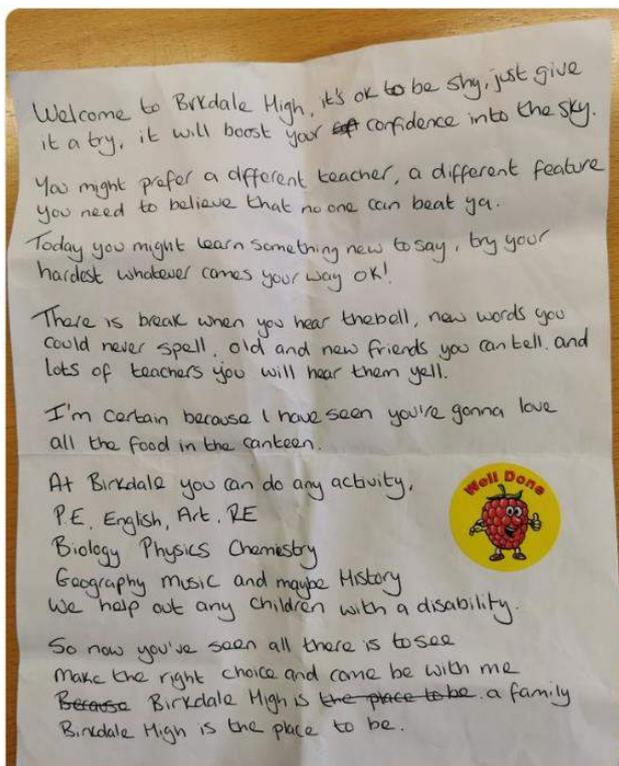


1:47 950 views



**Birkdale High School**  
@BirkdaleHS

What a great poem written especially for our Open Evening by Ciaran. And then volunteered to read it to visitors in the library! 🌟🌟🌟 #proudheadteacher



Birkdale High School Retweeted



**Helen Jeffery**  
@emohemi

The drama studio was buzzing tonight at Open Evening - hope Mr Bumble didn't scare those workhouse boys too much! @BirkdaleHS @BirkdaleHS\_Dram



BirkdaleHS\_Geography @GeogHumanities

Fabulous open evening at BHS, Geography says a massive thank you to students who spoke to parents, guardians and carers in the department.



Birkdale High School Retweeted

**MrsPotterEnglish**  
@MrsPotterEng

A very spooky open evening for the English Department...thank you to all of our amazing helpers 🐼 We couldn't have done it without you!  
@BirkdaleHS\_Eng @BirkdaleHS



Birkdale High School Retweeted

**Ged Wright**  
@GedWright2

Replying to @kristal79 and @BirkdaleHS

Great credit to all the well mannered and helpful boys who proudly showed us their school this evening 👍

Birkdale High School @BirkdaleHS

We all appreciate as parents the challenge of choosing the right secondary school for your child. Come to our Open Evening on Monday 16th September 6pm to see why we are the ideal environment for your son to Aspire, Thrive and Succeed. Feel free to share.



0:12 100 views

Birkdale High School Retweeted

**kristy fletcher**  
@kristal79

Replying to @BirkdaleHS

So proud. My son has only been 1 there just under two weeks and he bounces out of school smiling. He is helping out tonight at the open evening.  
#proud #greatschool

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# Birkdale High School

Aspire - Thrive - Succeed



Headteacher:  
Mr G Y Bourgade

Birkdale High School Retweeted

MrsPotterEnglish  
@MrsPotterEng

Amazing. So proud of our boys  
#exemplarybehaviour

Helen Jeffery @errohemi · Sep 12

It's Blood Brothers time!!  
@BirkdaleHS @BirkdaleHS\_Dram @BirkdaleHS\_Eng @DanielTaylorseq @ChloeRTa  
ylor



Birkdale High School Retweeted

Helen Jeffery  
@errohemi

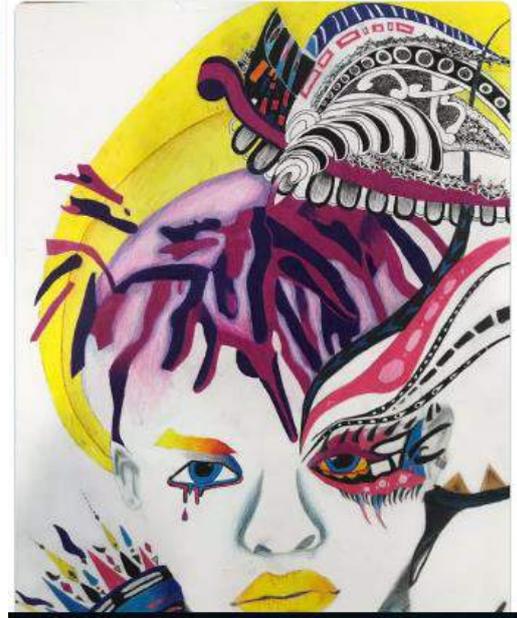
@BirkdaleHS students enjoyed meeting my friend  
@DanielTaylorseq after yesterday's show..thanks for  
making time to talk to us @BirkdaleHS\_Dram  
@BirkdaleHS\_Eng #bloodbrothers



Birkdale High School Retweeted

Birkdale High Art  
@BirkdaleHS\_Art

Beautiful pop of colour for this finished piece by Year 11  
Sammy Hunt.



Birkdale High School Retweeted

BirkdaleHS PE  
@BirkdaleHS\_PE

Well done to all the Year 7s making their Rugby debuts  
last night for @BirkdaleHS. Lots of positives and things  
to work on and develop. Over 45 players involved in the  
Year 7 programme this year.

#futurestars #sharksDNA @SouthportRFC  
@SaleSharksAcad

Birkdale High School Retweeted

Birkdale High Art  
@BirkdaleHS\_Art

Lovely finished piece by Year 10 Ed Sinclair. Influenced  
by artist @fayehallidayart



Birkdale High School Retweeted

Michelle Sinclair  
@mchilzzy

@BirkdaleHS @BirkdaleHS\_PE Trying new sports and  
getting involved - 1st ever Rugby match played today  
and he's loved it! Great start to year 7



Birkdale High School Retweeted

BirkdaleHS PE  
@BirkdaleHS\_PE

Congratulations to ex @BirkdaleHS pupil Rustam  
Stepans playing in the Lancashire Senior Cup  
@chorleyfc vs @pnefc ex-England international David  
Nugent @nuge101235 should feel privileged sharing a  
pitch with @RustamStepan

Chorley Football Club @chorleyfc · 10h  
Tonight's TEAM includes a number of new names.



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## Recommended Reads: KS3

### Action & Thrillers

**Bodyguard: Hostage** or **Young Samurai** (& sequels)  
by Chris Bradford\*

**Bullet Catcher** or **Gamer** by Chris Bradford\*

**Artemis Fowl** or **W.A.R.P: The Reluctant Assassin**  
(& sequels) by Eoin Colfer

**Heist Society** (& sequels) by Ally Carter

**Mortal Chaos, Speed Freaks, The Everest Files** (&  
sequels) or **Lie, Kill, Walk Away** by Matt Dickinson

**The London Eye Mystery** by Siobhan Dowd

**Mission Survival** series by Bear Grylls\*

**Silverfin** or **The Enemy** (& sequels) by C Higson

**The Outsiders** by SE Hinton

**Stormbreaker** (& sequels) by A. Horowitz. Also  
available as a graphic novel.\*

**Itch** (& sequels) by Simon Mayo

**Girl Missing** (& sequels) by Sophie McKenzie

**Boy Soldier & Dropzone** (& sequels) by A McNab

**The Recruit** (& sequels) by R. Muchamore. Also  
available as a graphic novel.\*

**Maximum Ride** (& sequels) by J Patterson

**Agent 21** (& sequels) by Chris Ryan

**Carjacked** by Ali Sparkes

**Lost** series by Tracey Turner. Choose your own  
adventure: fabulous for reluctant readers.\*

**H.I.V.E.** by Mark Walden

### Classics

**Watership Down** by Richard Adams

**A Christmas Carol** by Charles Dickens

**Little Women** by Louisa May Alcott

**Alice's Adventures in Wonderland** by Lewis Carroll

**The Adventures of Sherlock Holmes** by A C Doyle

**Diary of Anne Frank** by Anne Frank

**The Old Man and the Sea** by Ernest Hemingway

**To Kill a Mockingbird** by Harper Lee

**Call of the Wild** by Jack London

**Animal Farm** by George Orwell

**Black Beauty** by Anna Sewell

**Roll of Thunder, Hear My Cry** by Mildred Taylor

**The Adventures of Huckleberry Finn** by Mark Twain

**Around the World in 80 Days** by Jules Verne

**The Sword in the Stone** by TH White

### Dystopian & Science Fiction

**Matched** (& sequels) by Ally Condie

**The Maze Runner** (& sequels) by J Dashner

**The Gender Game** by Bella Forrest

**Gone** (& sequels) by Michael Grant

**Illuminae** (& sequels) by A Kaufmann and J Kristoff

**Department 19** by Will Hill

**I Am Number Four** (& sequels) by P Lore

**The Giver** by Lois Lowry

**Legend** (& sequels) by Marie Lu

**The Knife of Never Letting Go (Chaos Walking)** (&  
sequels) by Patrick Ness

**MetaWars: Fight for the Future** (& sequels) by Jeff  
Norton – 'a video game you can read'.\*

**Railhead** (& sequels) by Philip Reeve

**Divergent** (& sequels) by Veronica Roth

**Remade** (& sequels) or **Time Riders** - Alex Scarrow

**Unwind** (& sequels) by Neal Shusterman

**Frozen in Time** (& sequels) by Ali Sparkes\*

**Slated** (& sequels) by Teri Terry

**The 5th Wave** (& sequels) by Rick Yancey

### Fantasy, Magic Realism, Horror & Ghost

**Skellig** or **Kit's Wilderness** by David Almond

**Mind Writer** by Steve Cole\*

**Artemis Fowl** (& sequels) by Eoin Colfer

**The Dark is Rising** by Susan Cooper

**Scream Street** series by Tommy Donbavand\*

**Who Let the Gods Out** by Maz Evans

**Ranger's Apprentice** series by John Flanagan

**Inkheart** (& sequels) by Cornelia Funke

**The Graveyard Book** by Neil Gaiman

**Girl of Ink and Stars** by Kiran Millwood Hargrave

**Skulduggery Pleasant** (& sequels) by Derek Landy

**Zom-B** or **Cirque du Freak** (& sequels) by Darren  
Shan. Short, exciting – gruesome – chapters.\*

**Eragon** (& sequels) by Christopher Paolini

**Discworld** (and other series) by Terry Pratchett

**Northern Lights** (& sequels) by Phillip Pullman

**Goth Girl** (& sequels) by Chris Riddell\*

**Mrs Peregrine's Home for Peculiar Children** -Riggs

**Percy Jackson** or **Kane Chronicles** series by Riordan

**Grizzly Tales** series by Jamie Rix\*

*Thunderstruck* or *Unleashed* by Ali Sparkes\*  
*Finding Sky* (& sequels) by Joss Stirling  
*The Edge Chronicles* by P Stewart and C Riddell

### Humorous books

*Millions, Cosmic or Broccoli Boy* by Frank C Boyce  
*Fenway and Hattie* by Victoria Cole\*  
*Adventures of a Wimpy Werewolf* by Tim Collins\*  
*Diary of a Chav* by Grace Dent  
*DC Comics: Secret Hero Society 1* (& sequels) by Derek Fridolfs and Dustin Nguyen\*  
*Beetleboy* (& sequels) by MG Leonard\*  
*Disaster Diaries: Zombies* (&sequels)-R McGeddon\*  
*The Donut Diaries* series – A McGowan\*  
*The Accidental Billionaire* series- T McLaughlin  
*The World of Norm* series by Jonathon Meres\*  
*Timmy Failure* series by Stephan Pastis\*  
*Middle School* series by James Patterson\*  
*Tom Gates* series by Liz Pichon (dyslexia-friendly)\*  
*Big Nate* series by Lincoln Peirce\*  
*The Wimp-o-Meter's Guide to Extreme Sports* or *Killer Animals* (series) by Tracey Turner  
*Gangsta Granny* (and others) by David Walliams\*

### Relationships & Tough Situations

*Noughts and Crosses, Cloud Busting, Boys Don't Cry* or *Pig-Heart Boy* by Malorie Blackman  
*Blubber* or anything by Judy Blume  
*Artichoke Hearts* or *Jasmine Skies* - S Brahmachari  
*Walk Two Moons* by Sharon Creech  
*One* by Sarah Crossan  
*Out of My Mind* by Sharon Draper  
*Mind the Gap* by P Earle (dyslexia-friendly)\*  
*Mockingbird* by Kathryn Erskine  
*Tulip Touch, Goggle Eyes or Flour Babies* by A. Fine  
*The Bone Sparrow* by Zana Fraillion  
*Boy in the Tower* by Polly Ho-Yen  
*Red Sky in the Morning* by Elizabeth Laird  
*Every Falling Star* (North Korea) by Sungju Lee  
*A Monster Calls* by Patrick Ness  
*Ways to Live Forever* by Sally Nichols  
*Wonder* by R.J. Palacio  
*Pax* by Sarah Pennypacker  
*My Sister Lives on the Mantelpiece* by A Pitcher  
*Esperanza Rising* by Pam Munoz Ryan

*Stargirl* by Jerry Spinelli.  
*A Boy Called Hope* by Lara Williamson  
*Brown Girl Dreaming* by Jacqueline Woodson  
*I am Malala* by Malala Yousafzai

### Sports

*Booked* by Kwame Alexander\*  
*Charlie Merrick's Misfits, Fouls, Friends and Football* by David Cousins\*  
*The Beautiful Game* series by Dhimi (girls' football)  
*Man of the Match* (& series) by Dan Freedman  
*The Number 7 Shirt* or *The Lion Roars* by A Gibbons  
*The Fix* by Sophie McKenzie  
*Football Academy* series – Tom Palmer\*  
*Foul Play* (& sequels) or *Black Op* by Tom Palmer  
*Keeper* (& sequels) by Mal Peet  
*Soccer Squad* and series by Bali Rai\*

### War & Conflict

*Soldier Dog* or *A Horse Called Hero* - Sam Angus  
*The Boy at the Top of the Mountain* or *The Boy in the Striped Pyjamas* by J Boyne  
*Under a War-Torn Sky* by L.M. Elliott  
*Once* (& sequels) by Morris Gleitzman  
*Dog Tags: Semper Fido* or *Strays* by C A London\*  
*Number the Stars* by Lois Lowry  
*A Beautiful Lie* by Irfan Master  
*War Horse* or *Private Peaceful* by M Morpurgo  
*Sunrise Over Fallujah* by Walter Dean Myers  
*A Night Divided* by Jennifer Nielson  
*The Red Pencil* by Andrea David Pinkney  
*The Sniper* or *When the Guns Fell Silent* – J Riordan  
*A Soldier's Friend* (series) by Megan Rix  
*Shooting Kabul* by NH Senzai  
*Salt to the Sea* by Ruta Sepetys  
*The Machine Gunners* by Robert Westall  
*The Book Thief* by Marcus Zusak

*Note to parents: Some books from this list are written for teen or young adult readers; this means there may be occasional 'gritty' content. Generally by Key Stage 3 young people are ready for this, but parents know their children best; if you have queries about suitability, please check online reviews or ask your child's teacher.*

\* = Top picks for reluctant readers



Dear Parent/Carer

Information & Advice Evening – Success starts in Southport  
Thursday 26<sup>th</sup> September 2019 5.00pm – 6.00pm

The autumn term marks the start of a very important time for our Year 11 students who have some big decisions to make regarding their future. Birkdale High School is committed to supporting students when choosing what to do after leaving high school.

Throughout the year, our year 11 students will have the opportunity to attend the numerous open evenings and drop in sessions offered by both King George V and Southport College exploring post 16 options and beyond.

On Thursday 26<sup>th</sup> September 2019 we will host an Information and Advice Evening for Year 11 parents, where we invite you to attend and discover everything you need to know about your son’s college applications.

The event will take place from 5.00pm-6.00pm in the media hall and will include:

- **Welcome** - Mr Paul Marshall – Assistant Heateacher in charge of Curriculum and Careers Lead
- **What’s available?** Principal of King George V College, Anne Marie Francis, will provide information on available courses, applying to college, future progression. Nicola Hurst will give an insight into all that Southport College have available.
- **Student Experience** – former Birkdale High School students who are currently studying at KGV or Southport College will give a talk on what College life is really like!

College representatives will be available to answer any questions following the event.

We hope you are able to join us on 26<sup>th</sup> September. Please return the reply slip to the office or email mail@birkdalehigh.co.uk as soon as possible.

**Yours faithfully**

**Mr P. Marshall**  
**Assistant Headteacher and Careers Lead.**

**I will be able to attend the information & advice evening on 26<sup>th</sup> September 2019.**

**I will require ..... seat/s**

**Signed ..... Parent of: .....**



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September 2019

Dear Parent/Carer

## **YEAR 7 AUTUMN DISCO**

We are proposing to hold an Autumn Disco for Year 7 pupils from Greenbank High and Birkdale High Schools. We hope that all the pupils will make it a very enjoyable evening.

The disco will be held on **Wednesday 23<sup>rd</sup> October 2019** at Birkdale High school **in the Media Hall between 7.00 pm and 9.00 pm**. The cost of the event will be **£5.00**, with all proceeds going to The BPA.

Drinks and sweets will be on sale at reasonable prices.

Pupils will only be allowed entry to the disco if they have paid previously and their name is on the list. No tickets will be issued. All pupils must register their attendance on arrival with a member of staff. This is important in the event of any serious incident, eg, fire, then all pupils will be evacuated onto the side field and a register will be taken. Once pupils have been admitted into the school buildings then they should not leave the hall except to use the toilets. If they do leave without permission, they will forfeit their place at the disco.

All pupils who are attending the disco will have to follow the school's high expectations of behaviour and be expected to show a high level of maturity throughout the evening.

Members of staff from each of the schools will be in attendance all evening. It will be the parent's responsibility to make sure that their child is picked up at 9.00 pm promptly. Pupils will be collected outside the Media Hall.

**Please send cash or cheque (made payable to BPA) by Friday 18<sup>th</sup> October 2019 to the school office at Birkdale High School. Payment and slip below must be in an envelope marked with your son's NAME and DISCO clearly marked on the front.**

**TICKETS WILL BE ISSUED ON A STRICT FIRST COME FIRST SERVED BASIS.**

Yours faithfully

**Mr G Bourgade  
Headteacher**

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**REPLY SLIP – YEAR 7 AUTUMN DISCO**

***REPLY SLIP TO BE RETURNED by Friday 18<sup>th</sup> October***

**PUPIL'S NAME**

**FORM**

I give permission for my son to participate in the Year 7 Disco on **Wednesday 23<sup>rd</sup> October 2019** at Birkdale High School.

I give my consent to any emergency medical treatment which may be necessary.

*(If the above pupil suffers from any ailment, needs to take pills or medicines or requires regular medical treatment, please give details on the reverse).*

I enclose £5.00 cash/cheque with this slip - please delete as appropriate. **(Please make your cheque payable to BPA).**

I will make the necessary arrangements for his safe journey to and from school.

Signed .....  
(Parent/Carer)

Emergency Contact Number for the evening .....

**Please return this reply slip together with £5.00, to BHS Office by Friday 18<sup>th</sup> October 2019.**

**Thank you.**

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# BIKE

# MAINTENANCE

**6:30pm - 8:30pm**

## Course content will include

- What every part of your bike is for and how it all works together
- How to mend a puncture including removing wheels, tyres and tubes and the tools you would need to carry
- How to repair a snapped chain
- How to diagnose brake problems, replace your pads and adjust them
- Replacing brake and gear cables
- Setting up and indexing your gears
- Plus one to one advice and demonstrations from our mechanics including wheel straightening, bottom bracket
- Discussions on bike safety
- Those attending all 6 sessions will receive bike related freebies at the end of the course



## DATES

2 Oct  
9 Oct  
16 Oct  
23 Oct  
30 Oct  
6 Nov

To book on to this course email us at [sofia.woodvalecentre@btconnect.com](mailto:sofia.woodvalecentre@btconnect.com) or call us on 01704 573084

HELD AT: WOODVALE RECREATION CENTRE, OFF ORCHARD LANE, PR8 3RG

[www.woodvalecommunitycentre.co.uk](http://www.woodvalecommunitycentre.co.uk)